

<b>Class</b>	<b>Level</b>	<b>Age</b>	<b>Brief Description of Skills</b>
Snowplow Sam	1 to 3	3 to 6	Stand & fall safely, march & glide
Basic Skills	1 & 2	5 to 16	Stand, fall, march, glide, swizzles & stop
Basic Skills	3 & 4	5 to 16	Stroking, crossovers, edges & 3-turns
Basic Skills	5 & 6	5 to 16	Backward edges & crossovers
Basic Skills	7 & 8	5 to 16	Mohawks, pivots & edge exercises
Adult	1 & 2	16 & Up	Stoking, crossovers, edges & 3-turns
Adult	3 & 4	16 & Up	Advanced stroking, chasses & 2 foot spin
Freestyle	1 & 2	6 to Adult	Advanced stroking, 1 foot spin & edges
Freestyle	3 & 4	6 to Adult	Advanced crossovers, sit spin & Salchow
Freestyle	5 & 6	6 to Adult	Camel spin, combination spins & jumps
Dance	1 & 2	6 to Adult	Swing rolls, progressives & Dutch Waltz
Dance	3 & 4	6 to Adult	Promenade progressives & inside chasses
Dance	5 & 6	6 to Adult	Backward chasses & swing rolls
Prep Club	Dance & FS	6 to Adult	Must have passed Basic 8 to enroll

Classes are filled on a first come, first serve basis. Please contact me by June 1, 2008 to guarantee place.

Please wear warm, loose clothing, mittens/gloves & helmets for beginners.

Classes will be 30 minutes in length for Basic Skills and Freestyle, with a 30 minute practice session. Your practice may be either before or after your lesson.

Dance is a 30 minute class utilizing the full ice. (Offered only when there is enough demand.)

Please arrive at least 15 minutes prior to class to check in and get your skates. Rental skates are available from the rink for an additional \$2/time.

Parking is an additional charge and needs to be paid either to the rink for a quarterly pass or on a daily basis to the parking machine on the lot.