




2009 Holiday Season Competition

December 19, 2009

The Ohio State University Ice Rink
390 Woody Hayes Dr
Columbus, Ohio 43210

Hosted by:
Columbus Figure Skating Club

Sanctioned by: 

Rules: This competition will be conducted in accordance with the rules set forth in the 2009-2010 edition of the USFSA Rulebook.

Events: SPECIAL EVENTS! – Competitive Test Track (pp. 2, 3 offered). Compulsory Moves or Short Program, and Free Skating will be offered for the Limited Beginner, Beginner, Pre-Preliminary through Juvenile and Adult Pre-Bronze through Adult Gold. Basic Skills will also be offered. Skater must skate at least at the highest level passed by November 9, 2009 and may skate up one level. Schedules will be posted at the Columbus Figure Skating Website www.columbusfsc.com and Don Korte's website www.sk8stuff.com by early December.

Entries and Fees: Completed entry forms must be postmarked by November 9, 2009. Entries received postmarked after this date will be accepted only as space permits and must be accompanied by a \$25.00 late fee. Entry Fee is \$70.00 for the first event and \$20.00 for additional events. Basic Skills event is \$35.00. No refunds will be issued after November 9, 2009, unless an event is canceled due to lack of entries. **The Columbus Figure Skating Club reserves the right to limit entries by event based on postmark prior to the deadline, if estimated skating time exceeds available ice time.**

Please make checks payable to: **Columbus FSC**
Mail to: **Terry Hamilton, 1480 Beman Court, Columbus, Ohio 43228.** 614-362-7459 or tlhamilton@ssallc.com

Practice Ice: Participants may reserve practice ice by completing the enclosed form. Program music will not be played on practice ice. The practice ice schedule will also be posted at the Columbus Figure Skating Website www.columbusfsc.com and Don Korte's website www.sk8stuff.com. If you wish to be notified in writing of your practice session and your event date and time, you must include a self-addressed stamped business size envelope with your application.

Facilities: The Ohio State University Ice Rink is 200' by 85'. The rink is located off Lane Avenue just east of St. John Arena and north of the Ohio State University Football Stadium. **Please note: OSU charges \$5 per day to park in the ice rink parking lot.** You may purchase a pass on the day of the competition at the registration desk or at one of the meter stations. The rink's telephone number is 614.292.4154.

Registration: The official Holiday Season Competition Registration Desk will be located at the entrance of the Ohio State University Ice Rink. The registration desk will open prior to the first practice. Competitors must check in at the Registration Desk upon arrival.

Music: Music will be reproduced through the rink sound system from cassettes or CDs furnished by each competitor. All music must be turned in by each skater at least one hour prior to competing. Skaters should bring a back-up copy of their free skate music and have it at rink side.

Computation of Results: The closed system of judging will be used in all events.

Events/Awards: All events will be final rounds. Medals will be awarded for 1st, 2nd, and 3rd place. Ribbons will be awarded for 4th through 8th place. The skater is responsible for picking up award(s) during awards ceremonies, which will be held during ice cuts. Awards will not be mailed to the skater.

Videotapes/Photos: Videotapes of events may be purchased through Ledin Photo & Video of St Clair Shores, MI. If you wish, bring your own videotape for reproduction or tapes can be purchased at the competition. Hand-held taping by individuals is permitted only from the stands.

FREE SKATING

(Men & Ladies)

Well Balance Program & Competitive Test Track

Except as noted below, skaters may enter the event for which they have passed the required test, or one level higher, *i.e.* skaters may “skate up” one level. Skaters may enter EITHER a test track event or a well-balanced program event, but not BOTH. All Free skating events will be judged under the 6.0 system. **For the Competitive Test Track, deductions will be made for skaters including technical elements not permitted in the event description.** Deductions for Test Track events are as follows:

- * 0.1 from EACH mark for each technical element included that is not permitted in the event description
- * 0.2 from the technical mark for each extra or lacking element
- * 0.1 for any spin with less than required revolutions

LIMITED-BEGINNER

1:30 minutes (Rule 3721)

Only ½ revolution jumps are allowed. No Salchows or Toe Loops are allowed.

Limited-Beginner Test Track

up to 1:30 minutes +/- 10

(Skaters may not have passed tests higher than Basic Skills free skating badge tests.)

Two upright spins, no change of foot (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

BEGINNER

1:30 minutes (Rule 3721)

No axels or double jumps are allowed.

Beginner Test Track

1:30 minutes +/- 10

(Skaters may not have passed tests higher than Basic Skills free skating badge tests.)

Two upright spins, change of foot optional (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

PRE-PRELIMINARY A

1:30 minutes (Rule 3711)

(Skaters who have passed the Pre-Preliminary Free-Skating Test.)

No axels or double jumps are allowed.

PRE-PRELIMINARY B

1:30 minutes (Rule 3711)

(Skaters who have passed the Pre-Preliminary Free-Skating Test.)

Axels are permitted, but double jumps are not allowed.

Pre-Preliminary Test Track

1:30 minutes +/- 10

(Skaters may not have passed higher than pre-preliminary free skate test.)

Two solo spins of a different nature, no change of foot (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

PRELIMINARY A

1:30 minutes (Rule 3701)

(Skaters who have passed Preliminary Free-Skating Test.)

Axels are allowed but double jumps are not allowed.

PRELIMINARY B

1:30 minutes (Rule 3701)

(Skaters who have passed Preliminary Free-Skating Test.)

Single Axel, double toe loop, double loop, and double salchow jumps are permitted. These jumps may be repeated as individual jumps, jump sequences or jump combinations. **Only two different double jumps may be attempted.** Well-balanced program according to Rule 3701.

Preliminary Test Track

1:30 minutes +/- 10

(Skaters must have passed at least their pre-preliminary free skate test, but may not have passed tests higher than the preliminary free skate test.)

Two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

PRE-JUVENILE

2:00 minutes (Rule 3691)

(Skaters who have passed Pre-Juvenile Free-Skating Test.)

Axels plus double jumps are allowed and may be repeated as individual jumps, jump sequences, or jump combinations. Well-balanced program according to Rule 3691.

Pre-Juvenile Test Track

2:00 minutes +/- 10

(Skaters must have passed at least the preliminary free skate test, but may not have passed tests higher than pre-juvenile free skate test.)

Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.

JUVENILE

2:15 minutes (Rule 3681)

(Skaters who have passed the Juvenile Free-Skating Test. If numbers warrant, skaters ages 13 years and older will have their own event.) No triple jumps permitted. Well-balanced program according to Rule 3681.

Juvenile Test Track

2:15 minutes +/- 10

Skaters must have passed at least pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test.

Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1½ rotations. (Axel permitted). Maximum 6 jump elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.

ADULT

PRE-BRONZE

1:40 minutes maximum (Rule 3806)

(Skaters must be at least 19 years old. No test requirement, but cannot have passed more than the Adult Pre-Bronze Free-Skating Test, Pre-Preliminary Free Skating Test or ISI Freestyle 3.)

No lutz, axel or double jumps are allowed.

BRONZE

1:50 minutes maximum (Rule 3801)

(Skates must be at least 19 years old and must have passed the Adult Pre-Bronze Free Skating Test or Preliminary Free-Skating Test, but no higher than Adult Bronze Free-Skating Test or Preliminary Free-Skating Test or ISI Freestyle 4.)

No axels or double jumps are allowed.

SILVER

2:10 minutes maximum (Rule 3791)

(Skaters must be at least 19 years old and must have passed Adult Bronze Free-Skating Test but no higher than Adult Silver Free-Skating Test, or Juvenile Free-Skating Test, or ISI Freestyle 5.)

Axels jumps are allowed, but no double jumps are allowed.

GOLD

2:40 minutes maximum (Rule 3781)

(Skaters who are 19 years or older. Must have passed Adult Silver Free-Skating Test but no higher than Adult Gold Free-Skating Test, or Juvenile Free-Skating Test or ISI Freestyle 6.)

All single jumps are permitted including an axel-type jump, plus the following double jumps: double salchow and double toe-loop.

COMPULSORY MOVES

(Men & Ladies)

<p>LIMITED-BEGINNER 1:10 minutes maximum Two foot spin (minimum 3 revolutions) Waltz jump Forward spiral Half lutz jump Figure 8 forward crossover sequence (4 crossovers each circle)</p>	<p>BEGINNER 1:10 minutes maximum One foot spin (minimum 3 revolutions) Salchow jump Waltz Jump-toe loop combination Forward spiral (outside or inside) Figure 8 backward crossover sequence (4 crossovers each circle)</p>
<p>PRE-PRELIMINARY 1:10 minutes maximum One foot back spin (minimum 3 revolutions) Sit spin (min 3 revolutions) Loop jump Forward spiral (outside or inside) Single-Single Jump combination, no axel allowed</p>	<p>PRELIMINARY A 1:20 minutes maximum Camel spin (minimum 4 revolutions) Lutz jump Footwork sequence Single-Single Jump combination (axel allowed) Spin combination (forward scratch to back scratch – exit on spinning foot, minimum 4 revolutions each foot)</p>
<p>PRELIMINARY B 1:20 minutes maximum Back Scratch Spin (minimum 4 revolutions) Double jump Footwork sequence Single-Single Jump combination (axel allowed) Spin combination (camel spin to sit spin, no change of foot, 6 revolutions minimum)</p>	<p>PRE-JUVENILE 1:20 minutes maximum Layback or attitude spin (ladies)/Camel spin (men) - minimum 4 revolutions Axel jump or Lutz jump Footwork sequence Double-Single or Single-Double Jump combination Spin combination (1 change of foot, change of position optional – minimum 4 revolutions each foot)</p>
<p>ADULT PRE-BRONZE 1:10 minutes maximum One foot upright spin (minimum 3 revolutions) Waltz jump Half Flip jump Forward spiral (outside or inside) Figure 8 forward crossover sequence (4 crossovers each circle)</p>	<p>ADULT BRONZE 1:20 minutes maximum One foot back spin (minimum 3 revolutions) Sit Spin Salchow Single-Single Jump combination Straight line footwork sequence</p>
<p>ADULT SILVER 1:20 minutes maximum Camel spin (minimum 4 revolutions) Spin combination (1 change of position, change of foot optional) Flip jump Single-Single Jump combination (axel allowed) Straight line footwork sequence</p>	<p>ADULT GOLD 1:30 minutes maximum Layback or attitude spin (ladies) / Camel spin (men) - minimum 4 revolutions Spin combination with at least one change of foot and one change of position Axel jump Double-Single or Single-Single Jump combination (may not repeat axel) Straight line footwork sequence</p>

BASIC SKILLS COMPETITION

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries, November 9, 2009. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at the highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. **A 0.2 deduction will be taken for each element performed from a higher level.**

For the Free skate 1-6, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Basic Programs with Music

Program is to be skated on **half ice**, with music as established by the USFS for 2009 Basic Skills 1 through 8 events. (CD's will be provided to coaches who request a copy from Terry Hamilton [tthamilton@ssallc.com or 614-274-6838] no later than November 9, 2009.) Skating order of the required elements is optional, minimum number of connecting steps allowed. Elements are not restricted as to number of times the element is executed, length of edges, or the number of revolutions in a spin, unless otherwise stated. May use any elements from the previous levels however, a **0.2 deduction will be taken for each element performed from a higher level.** Programs must contain all the required elements listed. Skaters will be divided into groups of 6 or fewer. Medals will be awarded in 1st through 3rd place with ribbons for 4th through 6th place.

Snowplow Sam Program (Tots):

1. March followed by a two foot glide forward and dip.
2. Forward two foot swizzles 2-3 in a row.
3. Backward wiggles 2-6 in a row.
4. Forward Snowplow stop.

Basic 2 Program:

1. Forward one foot glide – either foot.
2. Two foot turn in place – forward to backward
3. Backward two foot swizzles 6-9 in a row.
4. Forward alternating ½ swizzle pumps, in a straight line across width of ice.
5. Moving Snowplow stop.

Basic 4 Program:

1. Forward outside edge on a circle clockwise or counter clockwise.
2. Forward crossovers 6-8 consecutive both directions.
3. Forward outside three turn – right and left.
4. Forward stroking.
5. Backward snowplow stop – right or left.

Basic 6 Program:

1. Forward inside 3-turn – right and left.
2. Bunny hop.
3. Forward arabesque/spiral on a straight line right or left.
4. Lunge – right or left.
5. T-stop – right or left.

Basic 8 Program:

1. Moving forward outside or forward inside three turns right and left.
2. Waltz jump.
3. Mazurka in either direction.
4. Combination move – clockwise or counter clockwise – two forward crossovers into forward inside Mohawk, step behind, step into one back crossover and step to a forward inside edge.
5. Beginning one-foot upright spin – optional free foot position.

Basic 1 Program:

1. Forward two foot glide.
2. Forward two foot swizzles 6-8 in a row.
3. Backward wiggles 6-8 in a row.
4. Forward snowplow stop.

Basic 3 Program:

1. Forward stroking.
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive.
3. Moving forward to backward two foot turning either direction.
4. Backward one foot glide – either foot.
5. Two foot spin.

Basic 5 Program:

1. Backward outside edge on a circle clockwise or counterclockwise.
2. Backward crossovers 6-8 consecutive in both directions.
3. One foot spin – min of three revolutions.
4. Side Toe hop – either direction.
5. Hockey Stop.

Basic 7 Program:

1. Forward inside open Mohawk – R to L and L to R.
2. Ballet jump either direction.
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise.
4. Forward inside pivot.

FREESKATE 1-6 PROGRAMS **with Music**

Program is to be skated on **full ice** with music 1:30 +/- 10 seconds. No vocals. Skaters may use their own music or the music as established by USFS for 2009 Basic Skills level. As in Free Skate events, skaters must submit, prior to one hour before their event, a copy of the music they intend to use, even if the skater is using USFS established music for that event.

Skaters may use any elements from previous levels. **A 0.2 deduction will be taken for each element performed from a higher level.** The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels. The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Freeskate 1:

1. Advanced forward stroking – 4-6 strokes.
2. Forward outside or inside consecutive edges - 2-4.
3. Scratch spin from backward crossovers.
4. Waltz jump from backward crossovers.
5. Half flip jump.

Freeskate 3:

1. Forward crossovers in a figure 8.
2. Advanced forward outside swing rolls - 4-6.
3. Back spin.
4. Salchow.
5. Waltz jump/toe loop or Salchow/toe loop.

Freeskate 5:

1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover, backward inside spiral – right or left.
2. Camel spin.
3. Forward upright spin to back upright spin.
4. Loop/loop jump.
5. Flip jump.

Freeskate 2:

1. Forward outside spiral - right or left.
2. Waltz three's - right or left.
3. Beginning back spin.
4. Walt jump, side toe hop, waltz jump.
5. Toe loop.

Freeskate 4:

1. Spiral sequence: FI spiral, FI Mohawk, BO spiral – right or left.
2. Forward power 3's - 2-3 consecutive right or left.
3. Sit spin.
4. Loop jump.
5. Waltz jump/loop jump.

Freeskate 6:

1. 5 step Mohawk sequence - 1 set alternating patterns.
2. Camel/sit spin combination - minimum of 4 revolutions total.
3. Split or stag jump.
4. Waltz jump, half loop, Salchow.
5. Lutz jump.

Miscellaneous Information

Area Hotels

Official Hotel

Fairfield Inn

3031 Olentangy River Road

Columbus OH 43202

614-267-1111

Use code CFSP until November 27, 2009 for \$99 rate

Cross Country Inn

1445 Olentangy River Road

Columbus, Ohio 43212

1.8 Miles from OSU

Red Roof Inn

441 Ackerman Road

Columbus, Ohio 43202

0.9 Miles from OSU

Fairfield Inn & Suites

3031 Olentangy River Road

Columbus, Ohio 43202

1.4 Miles from OSU

Holiday Inn Express

701 E. Hudson Street

Columbus, Ohio 43211

1.6 Miles from OSU

University Plaza Hotel & Conference Center

3110 Olentangy River Road

Columbus, Ohio 43202

1.4 Miles from OSU

Practice Ice Reservation Form

In addition to the normal warm up period associated with each skating event, you may purchase one 20 minute practice session per event entered. The competition committee will make every effort to ensure that all competitors have an opportunity to become familiar with The Ohio State University ice rink.

All practice sessions will be assigned by test level and limited in size, so specific requests for a particular time may not be honored. The times of the practice ice will depend on the schedule of the competition and available ice.

The cost of a 20 minute practice session is \$6.00.

Skater's Name _____

Age _____

Freestyle/Basic Skills Level _____

Compulsory/Basic Skills Level _____

Coach _____

Home Club _____

Mail to:

Terry Hamilton
1480 Beman Court
Columbus, Ohio 43228

Schedules will only be sent to those who enclose a self-addressed stamped envelope.
Practice ice schedule will be posted at www.cfsc.com (Columbus Figure Skating Club) and www.sk8stuff.com.

Contestant Certification

I am an amateur, eligible under the 2009/2010 rules of the United States Figure Skating Association to enter the event(s) checked on the Entry Form.

Contestant's Signature _____

Representing the following Club: _____

Certification by Coach

I have read this entry form and certify that it is complete and that the competitor is eligible to enter the events as indicated on the Entry Form.

Coach's Name _____ USFSA # _____

Day Phone # _____ Evening Phone # _____

Email # _____ Fax # _____

Signature _____

(A coach's schedule will be provided via email to coaches who submit their email address.)

Certification by Club Officer or Test Chairperson

Signature _____

Title _____ Date _____

Waiver of Claims for Injury or Refunds

The Competitor and family hold the Columbus Figure Skating Club, The Ohio State University, and the USFSA harmless for any and all liability for injuries to the competitor and from any and all liability for damages or to loss of property. I understand that the contestant is not eligible for a refund should the skater be forced to withdraw for any reason after November 9, 2009.

Signature of parent or Guardian (or Skater if 18 years or older)

_____ Date _____

Mail to: Terry Hamilton
1480 Beman Court,
Columbus, Ohio 43228